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| 08:30 – 09:00 | Registration Tea/Coffee |
| 09:00 – 09:10 | Welcome Dr Ebaa Al Ozairi – President of AACE Gulf Chapter and Chief Medical Officer, Dasman Diabetes Institute, Kuwait Dr Salman Al Sabah - President of American College of Surgery (ACS), Kuwait / Welcome, Housekeeping items / Introduction to Scope / ARS using 5 Case-based pre-test questions |
| 09:10 – 09:30 | Why do our patients struggle to lose weight and almost always regain? Dr Donna Ryan - Pennington Biomedical Research Center, USA |
| 09:30 – 09:40 | Panel Discussion Dr Amina Al Qabandi, Dr.Fawaz Al Abdeli |
| 09:40 – 10:00 | Obesity: Is it all in the genes? Dr Sara Suliman, Imperial College. Abu Dhabi |
| 10:00 – 10:10 | Discussion Causes of Obesity/ Rare causes of obesity? When should I consider genetic testing? Panel: Dr Fahad Al Mulla, Dr Yousef Bo Abbas and Dr Wiam Hussein |
| 10:10 – 10:30 | Assessing obesity in clinical practice Dr Noor Al Busaidi - National Diabetes & Endocrine Center, Oman |
| 10:30 – 10:40 | Discussion What questions to ask? How to approach the patient? How to follow up? Panel: Dr Nabila Abdella and Dr Khaleel Al Shwaiker |
| 10:40 – 11:00 | Psycho Bariatric Dr Abdulla Al Ozairi, Kuwait University |
| 11:00 – 11:10 | Panel Discussion: Dr Abdelrahman Al Nimeri and Dr Adnan Al Woqayan |
| 11:10 – 11:30 | Coffee Break |
| 11:30 – 11:50 | Diabesity in your clinical practice Dr Ebaa Al Ozairi - Dasman Diabetes Institute, Kuwait |
| 11:50 – 12:00 | Panel Discussion Dr Sara Suliman and Dr Mahasen Al-Najjar |

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| 12:00 – 12:20 | Management of dyslipidemia in obese patients: From lifestyle to future horizon Prof Eric Kilpatrick - Weill Cornell Medicine, Qatar |
| 12:20 – 12:30 | Panel Discussion Dr Abdulmohsen Al Shamari & Dr Waleed Al Dahi |
| 12:30 – 12:50 | How much weight do patients need to lose and why? Dr Donna Ryan - Pennington Biomedical Research Center, USA |
| 12:50 – 13:00 | Panel Discussion Dr Mousa Khorsheed and Dr Manar Al Jazzaf |
| 13:00 – 13:45 | Lunch |
| 13:45 – 14:05 | Successful Partnership to reduce NCD in Kuwait Dr Nawal Al Hamad – PAFN, Kuwait |
| 14:05 – 14:15 | Panel Discussion Dr Nawal Al Quod and Dr Donna Ryan |
| 14:15 – 14:35 | Dietary management of Obesity - Focusing on appetite, not calories / Understand role of foods and nutrient on appetite regulation / Consider emerging data on effect of Ketones on appetite regulation Dr Nicola Guess, Dasman Diabetes Institute, Kuwait |
| 14:35 – 14:45 | Panel Discussion Dr Maryam Al Dwairji and Dr Naela Al Mazeed |
| 14:45 – 15:05 | Practical Approaches to Medicating for Obesity Dr Donna Ryan - Pennington Biomedical Research Center, USA |
| 15:05 – 15:15 | Panel Discussion Dr Khaleel Al Shwaiker and Dr Sameer Al Shimmari |
| 15:15 – 15:35 | The Bariatric Patient: A regional 360 perspective Dr Salman Al Sabah - President of American College of Surgery (ACS), Kuwait |
| 15:35 – 15:45 | Panel Discussion: The future of obesity in the Gulf Dr Abdelrahman Al Nimeri, Dr Salman Al Sabah, Dr Nawal Al Hamad, Dr Nawal Al Qoud, Dr Adnan Al Wogyan, Dr Yousef Bo Abbas, Dr Donna Ryan and Dr Ebaa Al Ozairi |
| 15:45 – 16:00 | Summary and close Dr Ebaa Al Ozairi and Dr Salman Al Sabah |

Contact us for more information about SCOPE